

Joe Lombardo  
Governor

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Director



# DEPARTMENT OF HEALTH AND HUMAN SERVICES

DIVISION OF CHILD AND FAMILY SERVICES  
*Helping people. It's who we are and what we do.*



Marla McDade  
Williams, MPA  
Administrator

## RURAL NEVADA CHILDREN'S MENTAL HEALTH CONSORTIUM FY 2024 RETREAT WORKGROUP MEETING MINUTES FEBRUARY 5, 2024

**DRAFT**

**All members participated via Microsoft Teams technology (video or audio)**

### **VOTING MEMBERS PRESENT:**

Charlene Frost  
Denise Padilla  
Heather Plager  
Jaymee Oxborrow  
Lana Robards  
Marcel Brown  
Melissa Washabaugh  
Sarah Hannonen

### **STAFF AND GUESTS:**

Abbey Bernhardt  
Amanda Fitzpatrick  
Kary Wilder  
Kristen Rivas  
Natalie Filipic  
Nicole Mara  
Sheri Gaunt

### **1. Call to Order, Roll Call, Introductions. – Sarah Hannonen, Chair**

Sarah Hannonen, Chair, called the meeting to order at 1:12 pm. Kary Wilder, Division of Child and Family Services (DCFS), conducted roll call and a quorum was established.

**2. Public Comment.** *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*

None

### **3. For Possible Action. Approval of meeting minutes – Sarah Hannonen, Chair**

a. November 30, 2023

**MOTION:** Char Frost made a motion to approve the November 30, 2023 meeting minutes.

**SECOND:** Denise Padilla

**VOTE:** Approved, Marcel Brown and Melissa Washabaugh abstained.

**4. For Possible Action. Discussion, development and possible vote on plans for RCMHC FY 2024 Retreat.** – *Workgroup members*

- a. **Budget** - \$4,000.00 (unchanged)
- b. **Retreat Date** – Scheduled for March 21, 2024 and March 22, 2024. March 21<sup>st</sup> will be for voting members only and Friday is the Community event. Check in time is 8:30 am with a 9:00 am start time on Friday. Sarah Hannonen will send an updated “Save The Date” message to Kary Wilder to send out to the RCMHC Listserv and other Consortia.
- c. **Agenda and Goals** – It was decided that the goal will be to share resources, information, the purpose of the Consortia and to focus on ‘breaking the mental health stigma’ which is one of RCMHC’s main service priorities. Alternate words were recommended instead of the word stigma (sharing, openness, balance). Sarah Hannonen shared the draft agenda during the discussion.
- d. **Outreach Plan/Social Media** – Postings can be done on Youth M.O.V.E., Nevada PEP social media channels and the RCMHC Website. The plan is to encourage individual members to post on their Facebook pages. Lana Robards can distribute and post a paper flyer locally.
- e. **Venue Location** – Lana Robards reserved the Convention Center. Approximately 100 to 125 attendees are anticipated
- f. **Meals** – A lunchtime pasta bar was discussed. Lana Robards is donating food and will make the needed catering arrangements.
- g. **Keynote Speaker** –Cherylyn Rahr-Woods has arranged for Kevin Hines to be the keynote speaker.
- h. **Panel Discussion** – Several options were discussed and identified. Sarah Hannonen made changes to the draft agenda and responsibilities for contacting and managing panelists were identified. Michelle Sandoval has a contact and topic for the closing presentation. Participants include Hope Squad, Tribal Representatives, Churchill County Hospital, Pershing, NAMI Warmline, Office of Suicide Prevention, 988, Mobile Crisis Response Team, and private practice providers. Abbey Bernhardt volunteered to give her personal story and speak to youth lived experience. The mayor will give an opening address and Lana Robards will arrange this. Kristen Rivas would like a presentation from System of Care at start of the day, followed by Nevada PEP.
- i. **Event Registration** – Kristen Rivas suggested setting up an Eventbrite for registration instead of having the website programmer create a registration page on the RCMHC website. Applications for scholarships could be done the same way. Kristen volunteered to process these. The Eventbrite links should be included on the Save the Date Flyer. Denise Padilla would like a QR code included.

- j. **Tabling** – Rural region providers can participate to provide swag and resource information. There is not a list yet. Invitations to participants and presenters will include information on how to participate in tabling.
- k. **Event Setup** – Lana Robards would like participant numbers needed to set up two breakout rooms and she can arrange for round table seating for the main room. She can always adjust this at the last minute and gave the Convention Center set-up instructions for 125 people. On March 8<sup>th</sup>, Sarah Hannonen will send registration numbers to Lana.
- l. **Thank You Gift Baskets** – Kim Weingartner can donate goodie baskets for this. Sarah Hannonen will give needed numbers to Kim.
- m. **Breakout Sessions** – Suggestion made to include rural community and family voice in all sessions.
- n. **Stipends/gift cards to assist families in attending the event** (travel/childcare) – Melissa Washabaugh is arranging for the website changes needed for scholarship/stipends applications with the website designer.
- o. **Travel** – Not discussed
- p. **Event Attendee Badges and Agendas** – Sarah Hannonen will take care of this.
- q. **Attendee Swag Bags** – Kristen Rivas said there are enough bags at the Reno office for this and she will ensure they get to the event.
- r. **Check-In/Registration Table** – Sarah Hannonen and Kristen Rivas volunteered.
- s. **March Consortium Main Meeting** – The regular meeting date is March 21<sup>st</sup> at 3:00 pm. Kary Wilder will be on Annual Leave and suggested possibly rescheduling it to March 19<sup>th</sup> so that she can provide meeting assistance. Sarah Hannonen suggested rescheduling it to the week after the event and then planning to hold a voting member dinner at a local restaurant in the evening of the 21st. Kristen Rivas said she would find out if she can attend and will send an email. No decision was made.

**5. For Possible Action.** Make recommendations for agenda items for the next meeting  
– *RCMHC Members*

The next meeting is scheduled for Thursday, February 29<sup>th</sup> at 1:00 pm.

**6. Public Comment.** *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*

None.

**7. Adjournment.** – *Sarah Hannonen, Chair*

The meeting adjourned at 4:18 pm.

### CHAT TRANSCRIPT:

2:50 PM Meeting started

[2:51 PM] Kary Wilder

Thank you for joining the Rural Nevada Children's Mental Health Consortium Mental Health Summit Workgroup Meeting. This meeting is being recorded.

[2:52 PM] Kary Wilder

Please enter your name, title and organization name in the Chat for the record. Thank you

[2:52 PM] Kary Wilder

Kary Wilder, DCFS/PEU, Admin Support, [kwilder@dcfs.nv.gov](mailto:kwilder@dcfs.nv.gov)

[2:55 PM] Sheri Gaunt

Sheri Gaunt, Program Specialist DHCFP

[2:56 PM] Kristen Rivas

Kristen Rivas DCFS PEU

[2:58 PM] Amanda Fitzpatrick

Hello!

[3:00 PM] Sheri Gaunt

Melissa is talking and I can't hear here

[3:01 PM] Melissa (Guest)

seems like my mic is not working. I might call in instead

[3:02 PM] Nicole Mara

Nicole Mara, Education and Information Officer - DCFS NVPeds

[3:08 PM] Kary Wilder

Please mute your microphone if you're not speaking. Thank you

[3:09 PM] Nicole Mara

As soon as the marketing materials for the Summit are available please share them. I would be happy to promote the Summit amongst the NVPeds Listserv and add the details to our next Telegram/Newsletter as a highlighted event.

[3:11 PM] Nicole Mara

Has anyone reached out to NAMI Nevada to see if they could provide an "Ending the Silence" presentation during the Summit?

[3:17 PM] Frost, Char

be right back

[3:21 PM] Kary Wilder

I can share the past agenda draft on screen if you'd like

[3:46 PM] Nicole Mara

My apologies, I have to run. Thank you all!

[3:49 PM] Britt Young

I loved hearing your story at Washoe Summit Abbey

[3:53 PM] Britt Young

If there is other parents that would like to speak at the summit, is there a person they should reach out to?

[3:55 PM] Britt Young

Sorry everyone, I have to head out for another meeting

[3:55 PM] Sarah Hannonen

Britt they can email me 😊

[4:02 PM] Marcel Brown

I need to log off, thank you, have a good week!

[4:05 PM] Amanda Fitzpatrick

If you want to include tribes, send it to Nevada Indian Commission and ITCN to share with tribes for tribal involvement.

[4:06 PM] Amanda Fitzpatrick

Yes ma'am!

[4:11 PM] Frost, Char

[byoung@nvpep.org](mailto:byoung@nvpep.org)

4:18 PM Meeting ended: 1h 29m 11s